

MAXILLOFACIAL UNIT

01274 365200

ADVICE FOR PATIENTS RECEIVING TREATMENT UNDER SEDATION WITH LOCAL ANAESTHETIC

These instructions have been designed for your safety and **MUST** be followed precisely:

1. If there is any change in your health or if you are taking medicines or tablets that were not disclosed at your previous appointment the surgeon **MUST** be informed.
2. You **MUST** be accompanied by a responsible adult who is able to remain in the hospital whilst you are being treated and who will be responsible for taking you home after your appointment (by car or taxi).

YOU MUST NOT DRIVE YOURSELF.

3. You must have **NOTHING** to eat or drink for four hours before your appointment.
4. Tight clothing should be avoided (wear a loose, short-sleeved top). Contact lenses, earrings and make-up, especially nail polish must be removed.
5. You will **NOT** be fit to work, operate machinery, cook nor **DRIVE** for at least 24 hours following your treatment. You must **NOT** look after children on your own until the following day.
6. You must **NOT** sign any legally binding documents nor drink alcohol until 24 hours after treatment.
7. If you have any queries about your forthcoming procedure please contact:

**THE DENTAL NURSE
MAXILLOFACIAL UNIT
01274 365200 (during 9am to 5pm Monday to Friday)**

Bradford Hospitals NHS Trust operates a no smoking policy. Patients and visitors are asked not to smoke.